

## BIOGRAPHICAL SUMMARY

Lenny Laskowski, President 



Lenny Laskowski is an internationally known professional speaker and the President of **LJL Seminars™** of Wilmington, NC (USA). Lenny is the leading authority on the topic of public speaking and presentation skills. Lenny specializes in helping people make better presentations. Lenny's workshops, seminars, keynotes, and private coaching provide practical techniques that help people succeed.

Throughout his 30 year engineering career, Lenny has written and presented technical papers to people throughout the world. Lenny shares his own personal experiences with high schools, universities, businesses, and corporations, providing practical techniques to improve one's presentation and communication skills.

Lenny is an accomplished public speaker and provides people with techniques for personal and professional growth. Lenny can help you become a more effective presenter.

Lenny is a member of the National Speakers Association, the New England Speakers Association, the American Seminar Leaders Association, the American Society for Training & Development, and the International Platform Association. Lenny is also a member of Toastmasters International and speaks regularly at Colleges, Associations, and Corporations.

Lenny earned the "Dean's Award" as best instructor at Toastmasters Leadership Institute in 1993 and was voted Toastmaster of the Year for District 53 in 1994. He was one of the featured speakers at the 1996 Toastmasters International Convention. Lenny's best-selling books, audiotapes and videotapes, has helped thousands of people from over 178 countries become better presenters. Lenny is also the author of the book, "*Success via the Internet-How to Grow Your Business Online.*" Lenny's website is featured in the book, "*101 Best Dot.Coms to Start: The Essential Sourcebook of Startup Wisdom, Financial Tips, and Inside Secrets for Building a Business on the Internet.*"

Lenny's National Best Selling Book, "*10 Days to More Confident Public Speaking,*" published by Warner Books (now Grand Central Publishing), is now in its 12<sup>th</sup> printing. Lenny's latest book, "*Painless Presentations – The Proven Stress-Free Way to Successful Speaking*", published by John Wiley & Sons has received rave reviews.

**Lenny Laskowski, Professional Speaker**  
1113 Deer Hill Drive, Wilmington, NC 28409-4582  
United States of America  
1-800-606-4855  
<http://www.LJLSeminars.com>  
[LennyL@LJLSeminars.com](mailto:LennyL@LJLSeminars.com)

