



Covenant to Care for Children

*Helping Connecticut's
Children in Need.*

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Lenny Laskowski
LJL Seminars
430 Freeman Ave.
Stratford, CT 06614-4026

Dear Len,

I just wanted you to know how very much I appreciated your seminar this weekend. I was caught telling a few co-workers what they missed and our Executive Director, Caryl Hallberg, said "why don't you share that with Len?"

I welcomed the fact that you were not there to perform, but to teach. You held our attention on a beautiful "beach day" Saturday. I went in thinking, I have been in public life in governmental relations for decades, testifying on proposed laws, TV, radio, etc. Been here before, what can I possibly learn? Well, I left feeling "I had been taught a good lesson" in the very best sense of that phrase.

We got the basics emphasized - PREPARE - we got **many** "practicals" - how to use an index card as a back up. We got the science - what happens to our heart rate, how to adapt, and to use it to our benefit. And we got your latest book- for FREE. When we clutched onto our notes and died a slow death in front of the class, you simply took the notes away- every student went from zero to sixty with that simple hint. The spectrum you covered went from answering the phone to national conventions. Very practical. Very cool!

We were really honored to have you teach us. The fact that a guy like you literally gave us a beach day made it all the more special. I might just nominate you for one of those Hallmark card commercials.

Best Regards

Rich Davis
Reach One Youth
Mentoring Program Coordinator